

Reasons for Attempting Suicide Questionnaire

Please rate how much you agree with each of these statements. They describe reasons you may have for considering an attempt to end your life.

	1. Completely Disagree	2. Agree a Little	3. Agree Somewhat	4. Almost Agree	5. Completely Agree
1. Punish myself.	1	2	3	4	<u>5</u>
2. I seemed to lose control and have no idea why I behaved that way.	1	2	<u>3</u>	4	5
3. Make people sorry for the way they treated me.	<u>1</u>	2	3	4	5
4. Frighten someone.	<u>1</u>	2	3	4	5
5. Because I was angry with someone and wanted to get back at him (her).	<u>1</u>	2	3	4	5
6. Seek help from someone for my nerves and my difficulties.	<u>1</u>	2	3	4	5
7. Make people understand how I was feeling and how distressed I was.	<u>1</u>	2	3	4	5
8. Show how much I love someone.	<u>1</u>	2	3	4	5
9. To find out if someone loves me or not.	<u>1</u>	2	3	4	5
10. Try to influence or change someone's mind.	<u>1</u>	2	3	4	5
11. The situation was so unbearable I felt I had to do something and did not know what else to do.	1	2	3	4	<u>5</u>
12. Escape for a while from an impossible situation.	1	2	3	<u>4</u>	5
13. To get relief from a terrible state of mind.	1	2	3	<u>4</u>	5
14. Because I am not good enough to have accomplished anything worthwhile, I am a failure.	1	2	3	<u>4</u>	5

RASQ Scoring

Internal perturbation-based reasons: (6 Items)

Add Items 1, 2, 11, 12, 13, 14

Score:

Correctional Norm: $x=9.40$ (5.06)

CASE P score: 25

Extrapunitive/manipulative motivation reasons: (8 Items)

Add Items 3, 4, 5, 6, 7, 8, 9, 10

Score:

Correctional Norm: $x=11.47$ (6.05)

CASE P score: 8