

**Please rate below what best describes your feelings about possibly dying from suicide based on the following scale:**

1. *This doesn't describe me at all*
2. *This mostly doesn't describe me*
3. *This is about half right, half wrong for me*
4. *This mostly describes me*
5. *This describes me exactly*

- |                                                                                  |     |
|----------------------------------------------------------------------------------|-----|
| 1. I've gotten used to the feelings that go along with death by suicide          | 4   |
| 2. I no longer have significant worry or fear about dying                        | 5   |
| 3. I have overcome my people's or my culture's beliefs about suicide             | 3   |
| 4. I don't have spiritual beliefs that keep me from committing suicide           | 4   |
| 5. I understand how to commit suicide, having mentally prepared for it           | 5   |
| 6. I have rehearsed my suicide, and know it will work                            | 5   |
| 7. My suicide will have little to no effect on my family or people               | 3   |
| 8. I have no relationships left that would keep me from suicide                  | 4   |
| 9. I no longer have ambivalence (back and forth feelings) about suicide          | 5   |
| 10. Overall, I have felt ready to die by suicide for how long?                   | 6   |
| 1.) Never, I want to live                                                        |     |
| 2.) I'm not totally sure I want to die                                           |     |
| 3.) I've been ready at times, but not ready at other times                       |     |
| 4.) I am usually ready, but not always                                           |     |
| 5.) I am ready, and have been ready for a few weeks                              |     |
| 6.) I am ready, and have been ready for several months                           |     |
| 7.) I am ready, and have felt ready for several years                            |     |
| 11. Overall, I feel ready to die by suicide at what percent?                     | 6   |
| <b>0% I totally want to or need to live</b>                                      |     |
| <b>15% I mostly want to live, and have not prepared myself to die by suicide</b> |     |
| <b>30% I am mostly unprepared to die by suicide</b>                              |     |
| <b>50% I feel torn, not knowing if I should live or die</b>                      |     |
| <b>65% I am mostly prepared to die by suicide</b>                                |     |
| <b>80% I think I am prepared to die by suicide</b>                               | X   |
| <b>100% I am totally ready to die by suicide</b>                                 |     |
| 12. Using the % descriptions above, how ready did you feel 6 months ago?         | 5   |
|                                                                                  | 65% |

\*Convert score on items 11 and 12 to numbers, as below:

0% I totally want to or need to live	1
15% I mostly want to live...	2
30% I am mostly unprepared to die by suicide	3
50% I feel torn, not knowing if I should live or die	4
65% I am mostly prepared to die by suicide	5
80% I think I am prepared to die by suicide	6
100% I am totally ready to die by suicide	7

Total 55/ 66

Sample Means (DSH-V) (N=132 male psychiatric inpatients)

**Non-attempters and single attempters: Mean=25.5**

**Multiple attempters: Mean=37.2**

*Chronic Readiness Questionnaire, Version 2.0;*

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