

CAI WORKSHEET

CHRONIC			
<p>1. Multiple attempts: 0 = no attempt with intent to die 1 = one attempt with intent to die OR one or more acts of self injurious behavior that were nearly lethal (with or without intent) 2 = more than one attempt with intent to die (attempted exsanguination in 2014, attempted hanging in 2015)</p>	0	1	2
<p>2. Childhood trauma: 0 = no history of childhood sexual abuse, physical abuse, neglect, witnessing domestic violence, child protective services involvement, or suicide by a close family member 1 = history of ONLY ONE of the above to which only mild negative effects on the individual have resulted 2 = history of more than one listed above OR only one of the above to which moderate or severe negative effects on the individual have resulted</p>	0	1	2
<p>3. Cognitive deficits: 0 = no history of head injury or special education 1 = potential/less serious history of significant head injury OR special educational needs 2 = definite/serious history of significant head injury OR special educational needs</p>	0	1	2
<p>4. Habituation to pain, death or dying: 0 = no history of self injurious behavior (without intent to die), juvenile violent criminal behavior or substance abuse 1 = history of ONLY ONE the above 2 = history of more than one listed above OR only one of the above which demonstrated a definite disregard for the individual's life</p> <p style="text-align: right; margin-top: 20px;">CHRONIC TOTAL: 7 / 8</p>	0	1	2
ACUTE			
<p><u>Critical Items</u> 5. Persistent suicidal ideation in the past month (cognition): 0 = no evidence of suicidal ideation by self statements or ASIQ score 1 = equivocal statements of suicidal ideation OR slightly elevated ASIQ score 2 = clearly stated suicidal ideation OR moderately/severely elevated ASIQ score</p>	0	1	2
<p>6. Expressed suicidal desire or intent (motivation): 0 = no evidence of suicidal desire/intent by self statements or BSS score 1 = equivocal statements of suicidal desire/intent OR slightly elevated BSS score 2 = clearly stated suicidal desire/intent OR moderately/severely elevated BSS score</p>	0	1	2

<p>7. Suicidal preparation observed or stated (behavior or cognition): 0 = no evidence of suicidal preparation 1 = possible/less serious evidence of preparation for suicide (vague planning of timing and method for an attempt, thinking about how to say goodbye, etc.) 2 = definite/serious evidence of preparation for suicide (detailed planning of timing and method for an attempt, rehearsing the act, giving away possessions, writing a note, etc.)</p>	0	1	2
<p>Affective Items 8. Absence of positive emotions (affect) 0 = no evidence of depression, hopelessness or helplessness 1 = possible/less serious evidence of active symptoms of depression, hopelessness or helplessness 2 = definite/serious evidence of active symptoms of depression, hopelessness or helplessness</p>	0	1	2
<p>9. Severe negative emotions (affect) 0 = no evidence of agitation, affective instability or fears for safety 1 = possible/less serious evidence of agitation, affective instability or fears for safety 2 = definite/serious evidence of agitation, affective instability or fears for safety</p>	0	1	2
<p>10. Anguish which motivates suicidal ideation (affect/motivation): 0 = no evidence of anguish as motivation for suicidal ideation by self statements or RASQ internal score 1 = equivocal statements of anguish as motivation for suicidal ideation OR slightly elevated RASQ score 2 = clearly stated anguish as motivation for suicidal ideation OR moderately/severely elevated RASQ score</p>	0	1	2
<p>11. Negative view of self (affect/cognition) 0 = no evidence of self-perception of worthlessness or guilt 1 = possible/less serious evidence of self-perception of worthlessness or guilt 2 = definite/serious evidence of self-perception of worthlessness or guilt</p> <p style="text-align: right;">ACUTE TOTAL: 10/14</p>	0	1	2
IDIOSYNCRATIC			
<p>12. Current or impending triggers 0 = no evidence of events or situations that may act as catalysts to activate the individual's unique suicidal mode 1 = possible/less serious evidence of events or situations that may act as catalysts to activate the individual's unique suicidal mode 2 = definite/serious evidence of events or situations that may act as catalysts to activate the individual's unique suicidal mode</p>	0	1	2

<p>13. Ineffective risk management 0 = definite/serious evidence exists to demonstrate that family, friends, clinicians, institutional staff, or police have established effective safeguards to decrease likelihood of an attempt 1 = possible/less serious evidence exists to demonstrate that family, friends, clinicians, institutional staff, or police have established effective safeguards to decrease likelihood of an attempt 2 = no evidence exists to demonstrate that family, friends, clinicians, institutional staff, or police have established effective safeguards to decrease likelihood of an attempt</p>	0	1	2
<p>14. Poor connection to sources of support (including family, friends, mentors and medical, mental health, educational, vocational or religious professionals) 0 = definite evidence exists to indicate that the individual's connection to sources of support deters the individual from making an attempt 1 = possible evidence exists to indicate that the individual's connection to sources of support deters the individual from making an attempt 2 = no evidence exists to indicate that the individual's connection to sources of support deters the individual from making an attempt</p>	0	1	2
<p>15. Lack of protective religious, cultural, familial or personal beliefs about suicide (evaluate whether one's beliefs in an afterlife [<i>eternal damnation, peaceful rest, etc.</i>] and one's beliefs about the effect of their suicide to others in their life [<i>they will better off without me, the see nothing wrong with suicide, etc.</i>] are protective against or increase risk for making an attempt) 0 = definite evidence exists of beliefs that inhibit this individual from making an attempt 1 = equivocal evidence exists of beliefs that inhibit this individual from making an attempt 2 = no evidence exists of beliefs that inhibit this individual from making an attempt OR evidence exists that beliefs or attitudes may facilitate an attempt</p> <p style="text-align: right;">IDIOSYNCRATIC TOTAL: 6 / 8</p>	0	1	2
<p>TOTAL 24 / 30</p> <p>CHRONIC RISK : LOW MODERATE <u>HIGH</u></p> <p>ACUTE RISK: LOW <u>MODERATE to HIGH</u></p>			

*Chronic-Acute-Idiosyncratic Risk: A Measure of Structured Professional Judgment for Suicide
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