

## CAI WORKSHEET

<b>CHRONIC</b>			
<p>1. Multiple attempts:            0 = no attempt with intent to die            1 = one attempt with intent to die OR one or more acts of self injurious behavior that were nearly lethal (with or without intent)  <b>2 = more than one attempt with intent to die (attempted exsanguination in 2014, attempted hanging in 2015)</b></p>	0	1	2
<p>2. Childhood trauma:            0 = no history of childhood sexual abuse, physical abuse, neglect, witnessing domestic violence, child protective services involvement, or suicide by a close family member            1 = history of ONLY ONE of the above to which only mild negative effects on the individual have resulted  <b>2 = history of more than one listed above</b> OR only one of the above to which moderate or severe negative effects on the individual have resulted</p>	0	1	2
<p>3. Cognitive deficits:            0 = no history of head injury or special education            1 = potential/<b>less serious</b> history of significant head injury OR <b>special educational needs</b>            2 = definite/serious history of significant head injury OR special educational needs</p>	0	1	2
<p>4. Habituation to pain, death or dying:            0 = no history of self injurious behavior (without intent to die), juvenile violent criminal behavior or substance abuse            1 = history of ONLY ONE the above  <b>2 = history of more than one listed above</b> OR only one of the above which demonstrated a definite disregard for the individual's life</p> <p style="text-align: right; margin-top: 20px;"><b>CHRONIC TOTAL: 7 / 8</b></p>	0	1	2
<b>ACUTE</b>			
<p><b><u>Critical Items</u></b>            5. Persistent suicidal ideation in the past month (cognition):            0 = no evidence of suicidal ideation by self statements or ASIQ score            1 = <b>equivocal statements of suicidal ideation</b> OR slightly elevated ASIQ score            2 = clearly stated suicidal ideation OR moderately/severely elevated ASIQ score</p>	0	1	2
<p>6. Expressed suicidal desire or intent (motivation):            0 = no evidence of suicidal desire/intent by self statements or BSS score            1 = <b>equivocal statements of suicidal desire/intent</b> OR slightly elevated BSS score            2 = clearly stated suicidal desire/intent OR moderately/severely elevated BSS score</p>	0	1	2

<p>7. Suicidal preparation observed or stated (behavior or cognition):  0 = no evidence of suicidal preparation  1 = possible/<b>less serious evidence of preparation for suicide</b> (vague planning of timing and method for an attempt, thinking about how to say goodbye, etc.)  2 = definite/serious evidence of preparation for suicide (detailed planning of timing and method for an attempt, rehearsing the act, giving away possessions, writing a note, etc.)</p>	0	1	2
<p><b>Affective Items</b>  8. Absence of positive emotions (affect)  0 = no evidence of depression, hopelessness or helplessness  1 = <b>possible/less serious evidence of active symptoms of depression, hopelessness or helplessness</b>  2 = definite/serious evidence of active symptoms of depression, hopelessness or helplessness</p>	0	1	2
<p>9. Severe negative emotions (affect)  0 = no evidence of agitation, affective instability or fears for safety  1 = possible/less serious evidence of agitation, affective instability or fears for safety  2 = definite/<b>serious evidence of agitation, affective instability</b> or fears for safety</p>	0	1	2
<p>10. Anguish which motivates suicidal ideation (affect/motivation):  0 = no evidence of anguish as motivation for suicidal ideation by self statements or RASQ internal score  1 = equivocal statements of anguish as motivation for suicidal ideation OR slightly elevated RASQ score  2 = <b>clearly stated anguish as motivation for suicidal ideation OR moderately/severely elevated RASQ score</b></p>	0	1	2
<p>11. Negative view of self (affect/cognition)  0 = no evidence of self-perception of worthlessness or guilt  1 = possible/less serious evidence of self-perception of worthlessness or guilt  2 = <b>definite/serious evidence of self-perception of worthlessness or guilt</b></p> <p style="text-align: right;"><b>ACUTE TOTAL: 10/14</b></p>	0	1	2
<b>IDIOSYNCRATIC</b>			
<p>12. Current or impending triggers  0 = no evidence of events or situations that may act as catalysts to activate the individual's unique suicidal mode  1 = possible/less serious evidence of events or situations that may act as catalysts to activate the individual's unique suicidal mode  2 = definite/<b>serious evidence of events or situations that may act as catalysts to activate the individual's unique suicidal mode</b></p>	0	1	2

<p>13. Ineffective risk management  0 = definite/serious evidence exists to demonstrate that family, friends, clinicians, institutional staff, or police have established effective safeguards to decrease likelihood of an attempt  1 = <b>possible/less serious evidence exists to demonstrate that family, friends, clinicians, institutional staff, or police have established effective safeguards to decrease likelihood of an attempt</b>  2 = no evidence exists to demonstrate that family, friends, clinicians, institutional staff, or police have established effective safeguards to decrease likelihood of an attempt</p>	0	1	2
<p>14. Poor connection to sources of support  (including family, friends, mentors and medical, mental health, educational, vocational or religious professionals)  0 = definite evidence exists to indicate that the individual's connection to sources of support deters the individual from making an attempt  1 = <b>possible evidence exists to indicate that the individual's connection to sources of support deters the individual from making an attempt</b>  2 = no evidence exists to indicate that the individual's connection to sources of support deters the individual from making an attempt</p>	0	1	2
<p>15. Lack of protective religious, cultural, familial or personal beliefs about suicide  (evaluate whether one's beliefs in an afterlife [<i>eternal damnation, peaceful rest, etc.</i>] and one's beliefs about the effect of their suicide to others in their life [<i>they will better off without me, the see nothing wrong with suicide, etc.</i>] are protective against or increase risk for making an attempt)  0 = definite evidence exists of beliefs that inhibit this individual from making an attempt  1 = equivocal evidence exists of beliefs that inhibit this individual from making an attempt  2 = no evidence exists of beliefs that inhibit this individual from making an attempt OR  <b>evidence exists that beliefs or attitudes may facilitate an attempt</b></p> <p style="text-align: right;"><b>IDIOSYNCRATIC TOTAL: 6 / 8</b></p>	0	1	2
<p><b>TOTAL 24 / 30</b></p> <p><b>CHRONIC RISK :</b>                      <b>LOW</b>                      <b>MODERATE</b>                      <b><u>HIGH</u></b></p> <p><b>ACUTE RISK:</b>                      <b>LOW</b>                      <b><u>MODERATE to HIGH</u></b></p>			

*Chronic-Acute-Idiosyncratic Risk: A Measure of Structured Professional Judgment for Suicide  
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